

# Bike to Work Day



Join thousands of area commuters in celebrating bicycling as a clean, fun, and healthy way to get to work. Registration for Bike to Work Day is now open at [WABA.org](http://WABA.org). This year's ride is on Friday, May 16 and you have two great pit stops to choose from in Rosslyn and Crystal City. It's free to register, and you'll want to do it quickly to reserve your free T-shirt. (And really, who doesn't love a free T-shirt?)

Bicycle commuter caravans begin in the suburbs and make their

way through Arlington to the central pit stop at Freedom Plaza in Washington D.C. Pit stops will have breakfast snacks, coffee, music, and fun! A record turnout is expected, so bring your neighbors and coworkers. There will be raffles and giveaways, plus prizes for the offices with the most employee participation.

If this will be your first time biking to work, get ready by checking out [BikeArlington.com/comres.cfm](http://BikeArlington.com/comres.cfm). Also, you may want to take a FREE three-hour Confident City

Cycling class offered by Arlington and the Washington Area Bicyclist Association. More information on these classes can be found at [WABA.org/events/education.php](http://WABA.org/events/education.php).

If you would like more information on how to prepare for this event, contact Melissa Esposito with BikeArlington at 703-228-0638 or [mesposito@arlingtonva.us](mailto:mesposito@arlingtonva.us).

## Confident City Cycling Class

*Gear up for Bike to Work Day with these educational and FREE classes.*

The Washington Area Bicyclist Association (WABA), in addition to partnerships with Arlington County and the DC Departments of Transportation and Recreation, presents a choice of classes in 2008 for cyclists aged 16 and over. To complete your free registration, go to [www.waba.org](http://www.waba.org).

**May 10** 1 – 4 pm,  
Mount Vernon Community Center  
2701 Commonwealth Ave, Alexandria, VA 22305

**May 24** 1 – 4 pm,  
Aurora Hills Community Center  
735 18th St. South, Arlington, VA 22202

**May 31** 1 – 4 pm,  
Arlington Central Library  
1015 N. Quincy St., Arlington, VA 22201

**June 28** 1 – 4 pm,  
Fairlington Community Center  
3308 S. Stafford St., Arlington, VA 22206

